

K/1 Coed

- About
 - This group will run as a normal basketball league with a few rule modifications
 - This group will have only one league
 - There will be no score keeping and no end of the season tournament
 - One coach per team is allowed on the floor during play to help coach and ref the game
 - Rule modifications
 - No press
 - No zone defense
 - No stealing off the dribble unless in the “paint”
 - Can steal a pass anywhere
 - Free throws will be shot approximately one-two step in from the normal free throw line
 - Shooting fouls result in 2 shots (I know we aren’t keeping score but free throws are a part of the game)
 - All rules will be enforced with some flexibility on slight travels/double dribbles
 - In the first half for travels, double dribbles, and 3 seconds, the official will blow the whistle and correct the player, it will NOT be a turnover and that team will retain possession. In the 2nd half, it WILL BE a turnover- this is to help teach kids the rules while maintaining a competitive atmosphere
 - 8 foot hoops
 - 28.5 size basketball
 - Playing Time Rule
 - Everyone should have equal playing time
- Schedule information
 - Practices
 - Practices will be once per week for one hour (may be sharing the gym with another team)
 - Practices can be any day during the week (Monday-Friday)
 - Practice start times are determined by coach, start time options are:
 - 5 pm
 - 6 pm
 - 7pm
 - 8pm (try to avoid scheduling this group for this time unless requested by coach)
 - Games
 - In December, games will be played on Saturdays and some Sundays
 - In January, games will be played on Saturdays
 - In February, games will played on Saturdays
 - We will leave 1-2 weekends open in mid February in the event we get any weather cancellations and reschedule games for those open weeks

- Games will be two 20 minute halves with a running clock- sub every 5 minutes
- Games can start as early as 8:45 am or as late as 5 pm
- Locations
 - Games and practices can be at one of the following locations
 - New Market Elementary
 - Blue Heron Elementary
 - Liberty Elementary
 - Twin Ridge Elementary
 - Oakdale Elementary
 - Deer Crossing Elementary
 - Spring Ridge Elementary
 - Green Valley Elementary
 - Kemptown Elementary
- Team Construction
 - Teams will be built based off of what school your child attends, this doesn't always workout perfectly, with a fallback of grouping kids based on like middle schools- parent/player requests will also be considered but not guaranteed